



PERFORMANCE PROMOTION IN SPORT THROUGH PSYCHOLOGICAL CARE

31-10-2022

CAPITO

La mappa e il territorio del

2019
1979

Il potere delle immagini

Un'ipotesi di lavoro...
...la mente...
...il sogno...
...il mondo interiore...
...la possibilità intersoggettiva...
...una nuova capacità trasformativa...
...via sia proprio quella dei sogni e occhi aperti.

Nevio Del Longo,
Alfredo D'Ilario

IMMAGINA- ZIONE DINAMICA

*Dagli archetipi lüscheriani
alla rêverie terapeutica*

Occorre rimettere il paziente nei propri sogni, mostrargli
la coreografia del suo mondo interiore, stimolarlo, arrivare
la possibilità intersoggettiva di creare un nuovo spazio e
una nuova capacità trasformativa. È siamo sicuri che una
via sia proprio quella dei sogni e occhi aperti.





PRESENTATION:

The Lüscher test in sport:

2 Waterpolo experiences



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PRESENTATION:

PallaNuova Social Club

2022

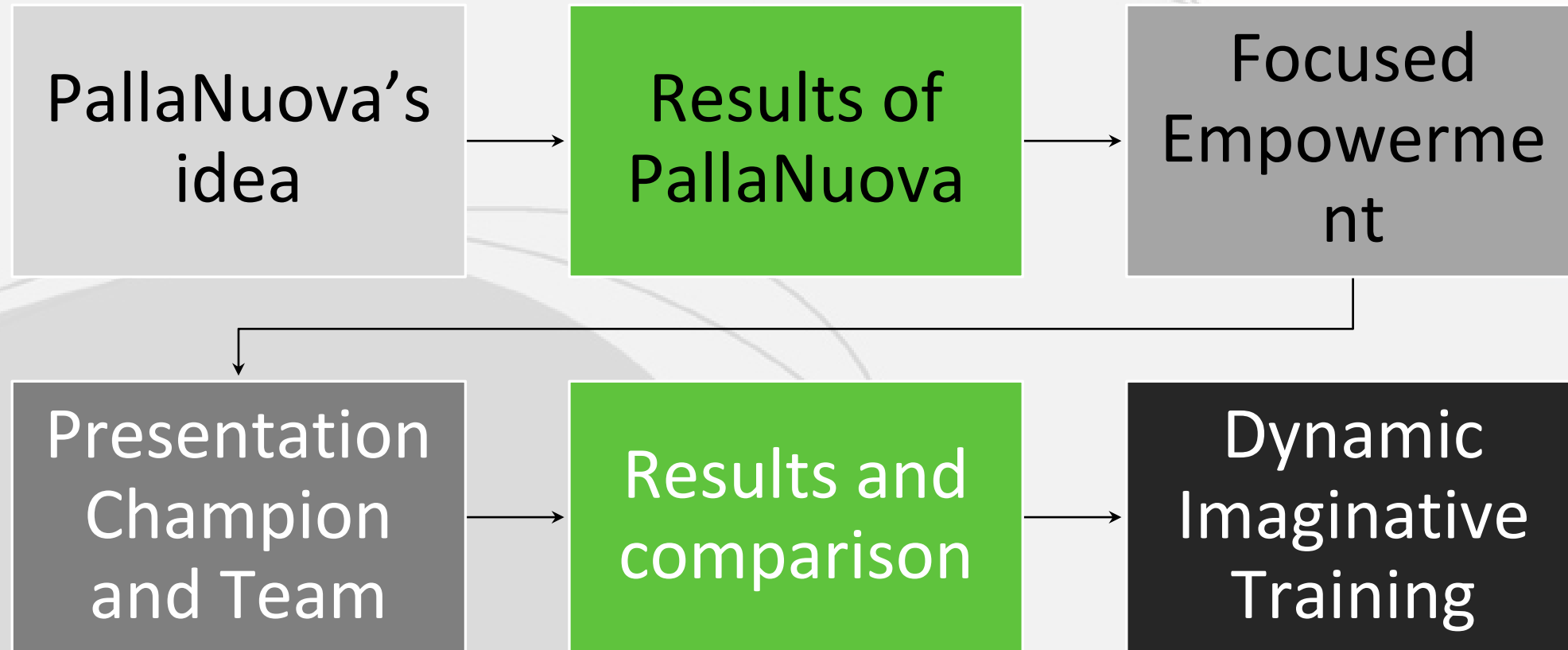
2009

Focused Empowerment... in progress



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PRESENTATION:





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PALLANUOVA IDEA:

Aggregate analysis **Lüscher test**

NUOVA VITA Therapeutic Community

Vicenza Italy



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PALLANUOVA IDEA:

Problematic Areas:

- General personal well-being
- Impulse Control
- Relationship with your own body
- Social and Relational Skills



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PALLANUOV A TRAINING:

Experiential waterpolo-based therapy:

[VIDEO-LINK](#)



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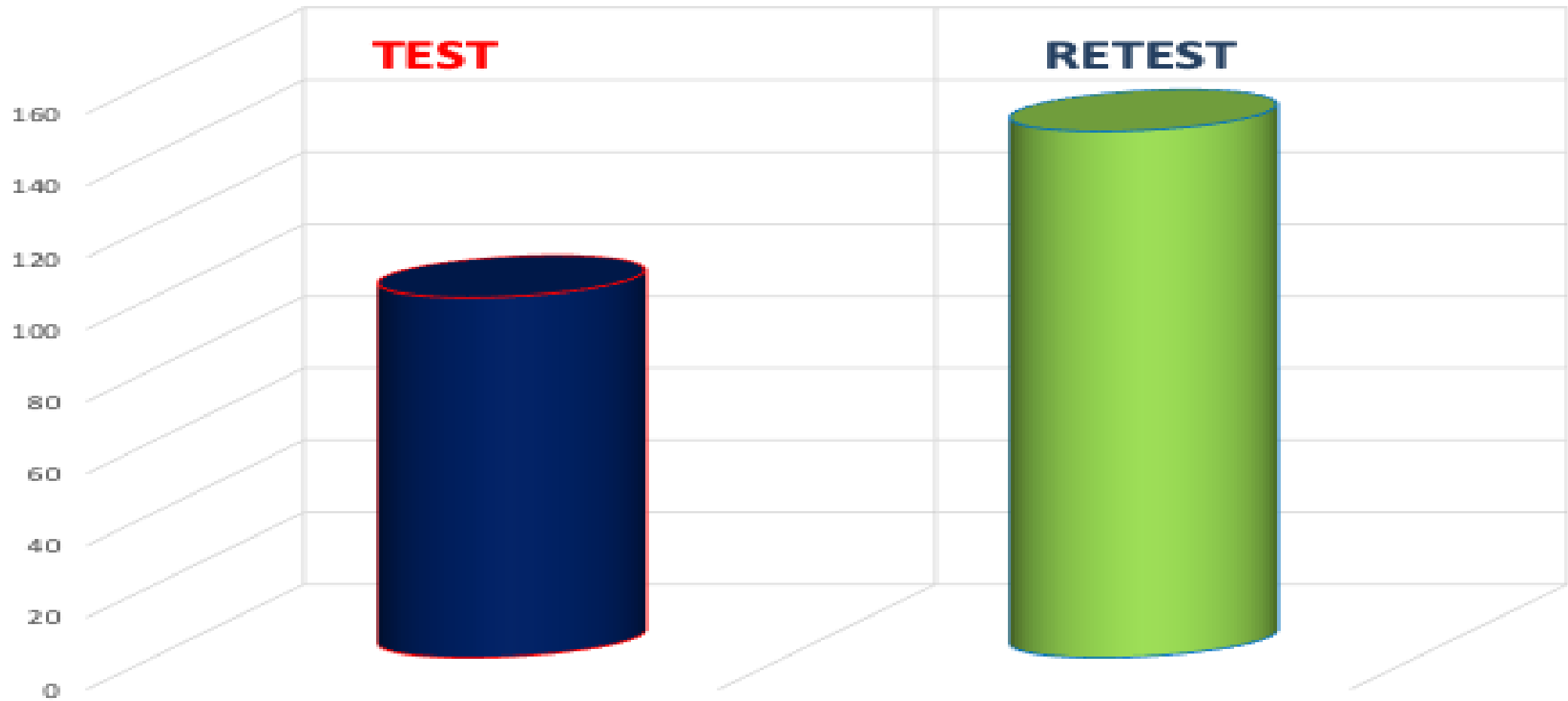
PALLANUOV A RESULTS:

Results test-retest: **GRAPHS:**



PALLANUOVA RESULTS:

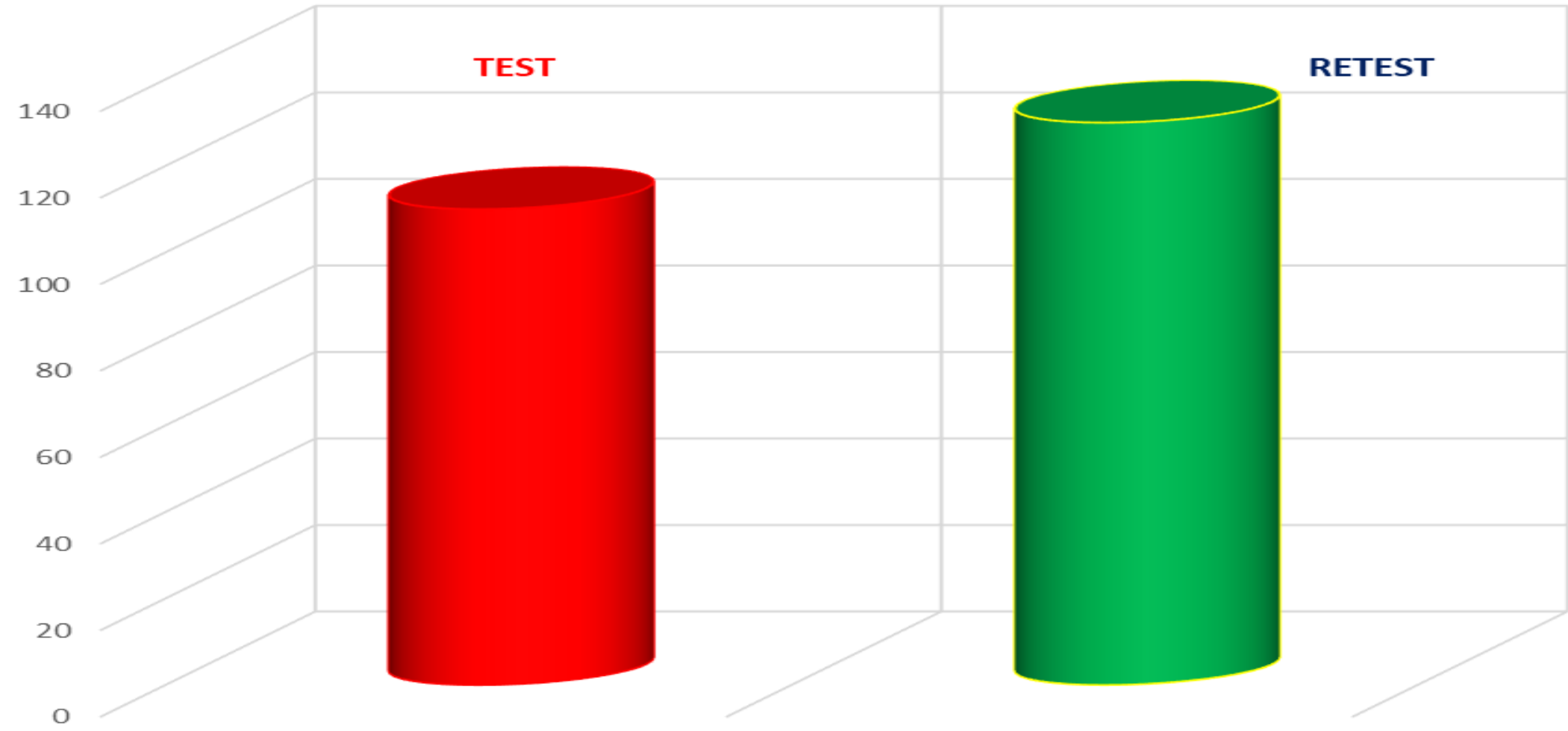
GENERAL WELL-BEING



PALLANUOVA RESULTS:



IMPULSE CONTROL

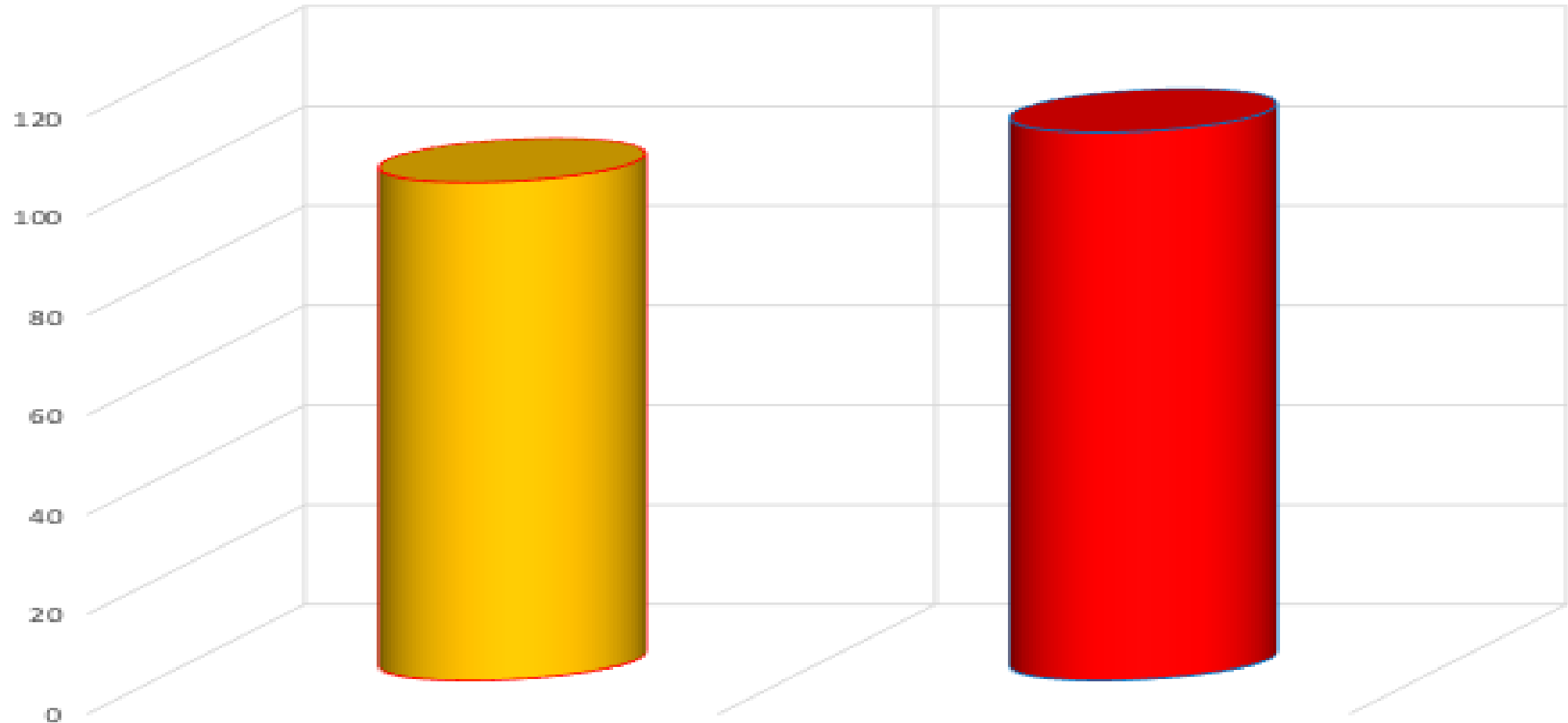


PALLANUOVA RESULTS:



UDIO

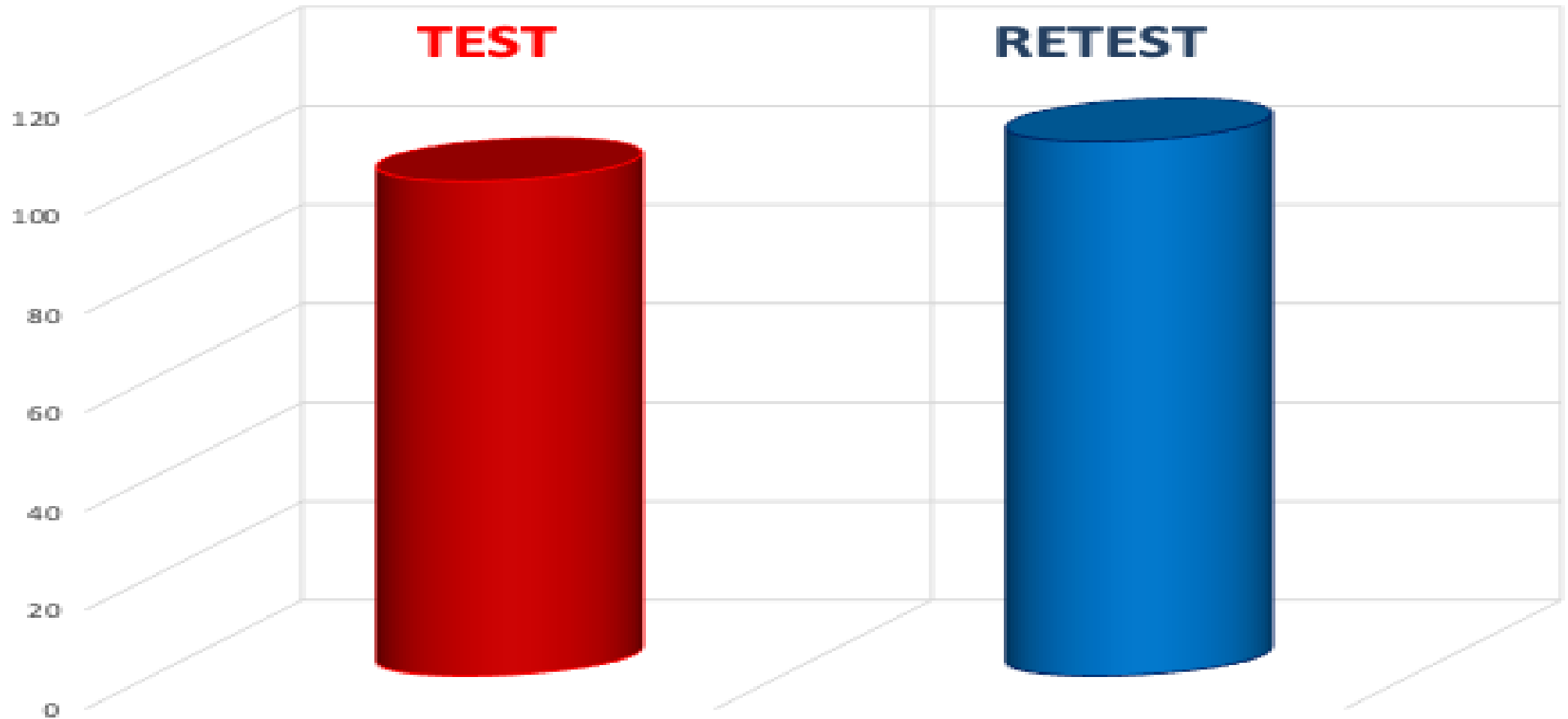
BODY RESPECT



PALLANUOVA RESULTS:



SOCIAL-RELATION SKILLS





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**PALLANUOVA
RESULTS:**

Project **Replications**



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FOCUSED EMPOWERMENT IDEA:



The **Focused Empowerment** idea for sports



**RANCESCO
DI FULVIO:**





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THE CHAMPION:

The champion: **Francesco Di Fulvio** only 29 y
Recco Waterpolo club and **Italia** national
team

Nickname: the **Blue Arrow**

Palmars: 5 Italian leagues, 6 Italian cups, 3
champions leagues, 1 world cup as best
player...



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THE CHAMPION:

[VIDEO CHAMP...](#)



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VICENZA WATERPOL O TEAM:

A very young **team** in second division.



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**F.E.
COMPARISON:
N:**

The **6 Variables** identified from the **Champion** Test Profile.

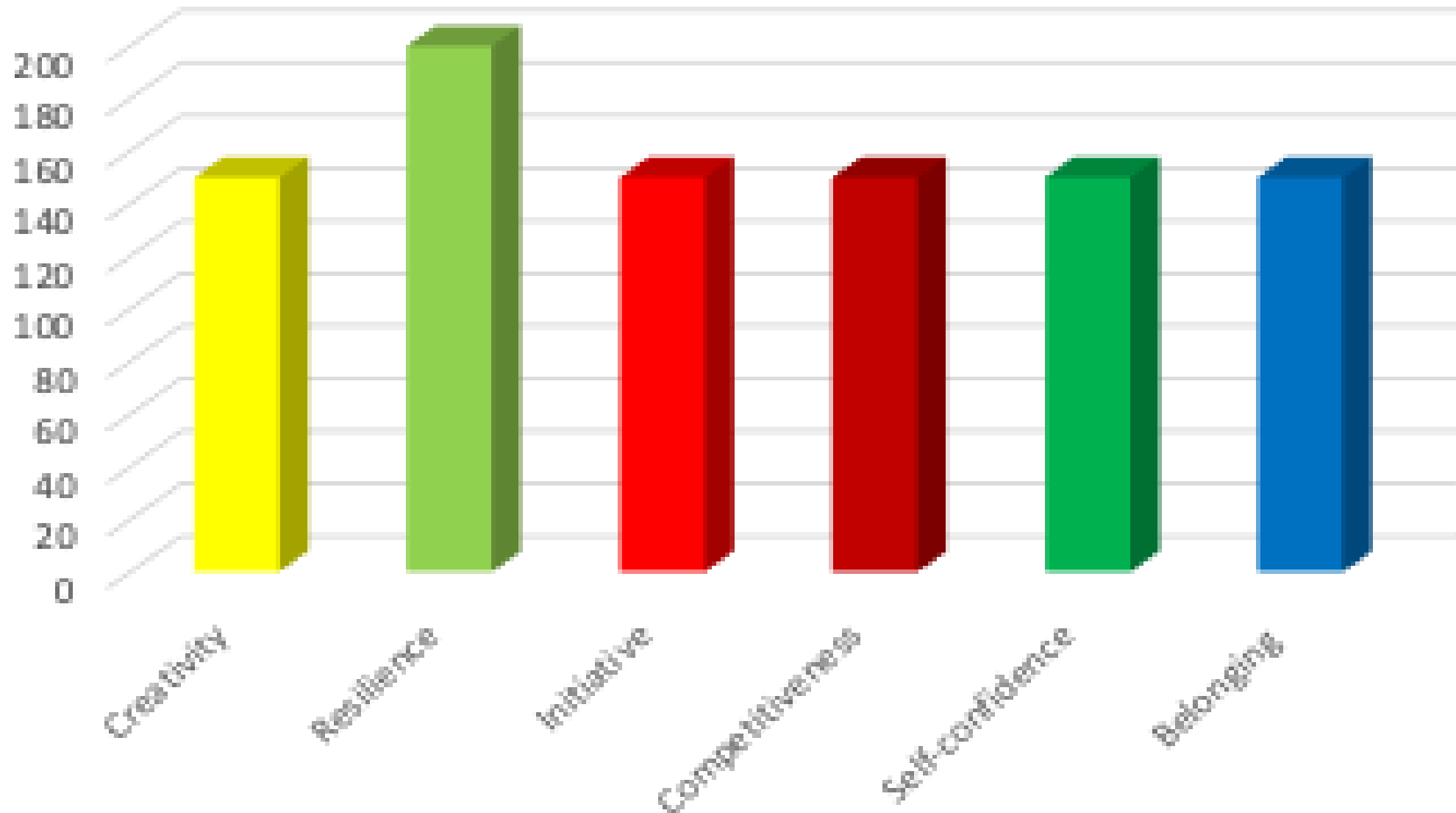
THE LÜSCHER
PSYCHODIAGNOSTIC:
IC:



DI FULVIO'S GRAPH:



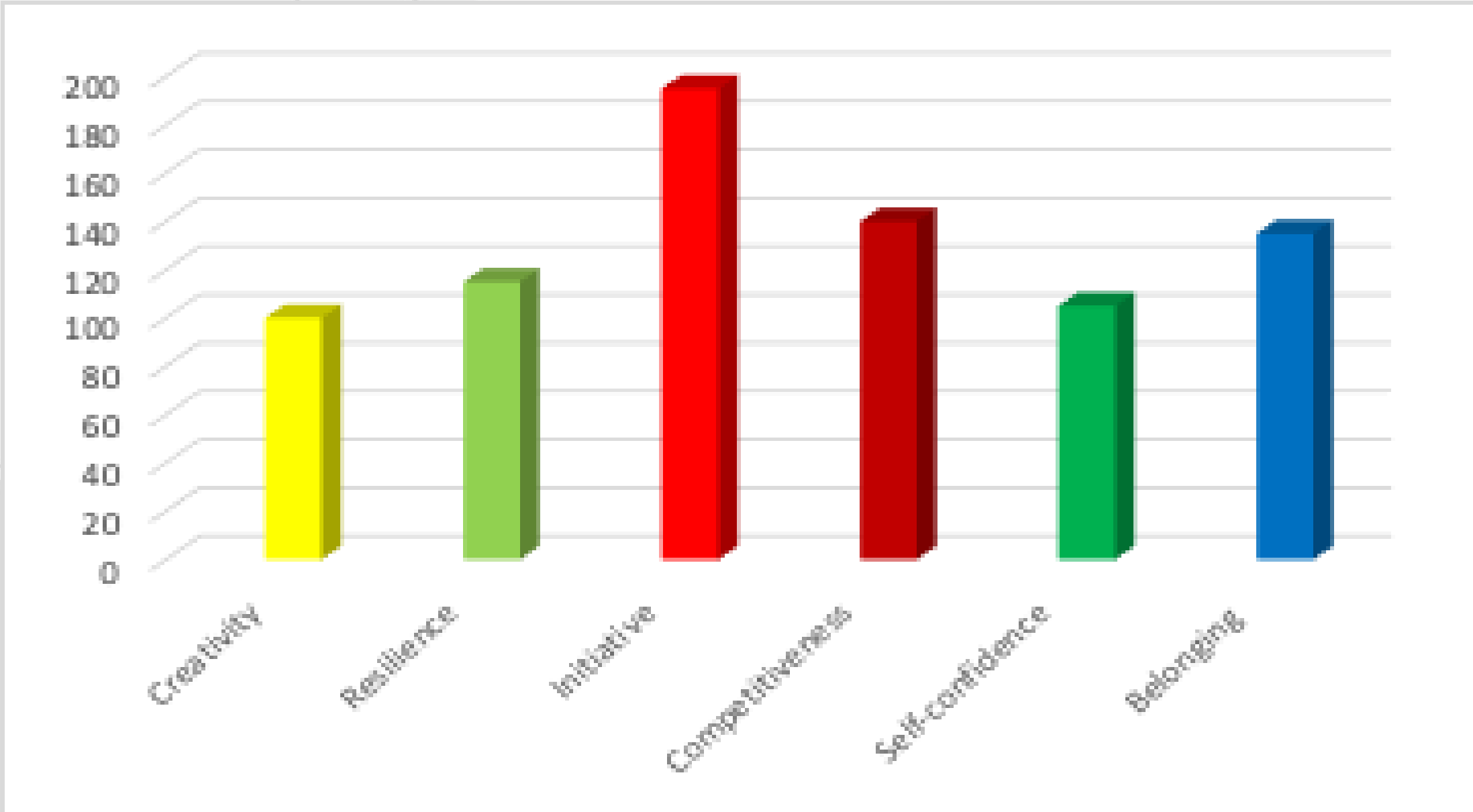
UIS



VICENZA WP GRAPH:



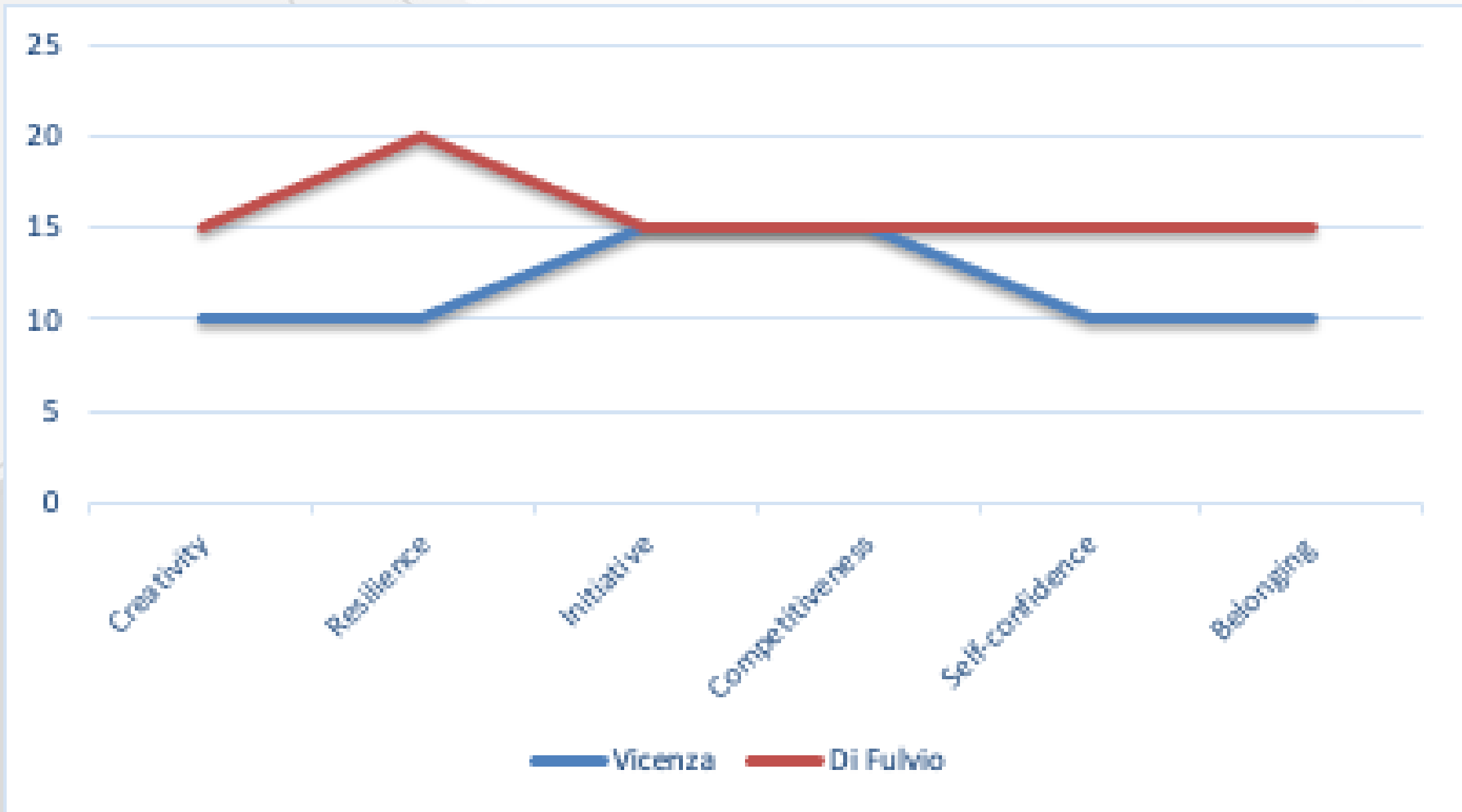
UDIO



F.E COMPARISON:



DIO





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F.E. TRAINING :

The F.E. **Dynamic Imaginative**
TRAINING



F.E. TRAINING:

An example of our
TRAINING

[VIDEO-LINK](#)

SPORT AND PSYCHE:

THANKS A LOT FOR
YOUR ATTENTION



**PERFORMANC
E PROMOTION
IN SPORT
THROUGH
PSYCHOLOGIC
AL CARE**

31/10/2022

**WHIT A HUGE AND WARM THANKS
TO:**

**FRANCO E FRANCESCO DI FULVIO,
NELLO RAPINI, MIRCO DAL BOSCO E
ALL THE DREAM TEAM VICENZA
WP, ELENA SCRIPINO E GIUSEPPE
MARZO, FABIO DALLA VECCHIA,
HAMISH KENNY, PETER FRANKLAND,
JULIETTE GARCIA RAMOS, IRENE
D'ILARIO, SIMONE DE LAZZARI,
ADELE FELTRIN AND ALL NUOVA VITA
COOPERATIVE.**

**BY NEVIO DEL LONGO, SOFIA
D'ILARIO, ALFREDO D'ILARIO**

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